

# Government Rajindra College, Bathinda

## Brief Report

Philosophy and Psychology Association of Govt. Rajindra College organized an ICPR, New Delhi sponsored Periodical Lecture on 20<sup>th</sup> March, 2018. Principal Mukesh Kumar Aggarwal presided over the function, Dr. Shivani Sharma (Associate Prof.) Panjab University, Chandigarh and Dr. Ravinder Puri (Associate Prof.) National College, Sirsa were the resource person. The function began with a formal welcome of the guests by Dr. Gurjit Mann, HOD Philosophy. Introducing the theme of the lecture, he expressed his concern on the declining moral values in the present society. While focusing on the diverse reasons of the decline, he stressed on the need of the parents, teachers and the society to join hands to put every effort to prevent the decline and promote moral values. For this purpose, one needs to do cultural analysis and come up with practical solutions to balance modernization with personal growth and values. Today India enjoys a key position among the different nations of the World. Time has come to realize the worth and return from westernization to Vedic Philosophy which is rich source of knowledge. The different fields of knowledge should be combined to be utilized for the making of a good society. Principal Mukesh Kumar Aggarwal encouraged the students to learn from such programmes and imbibe valuable ideas. He stressed the need to connect with our own culture. Prof. Seema Gupta, HOD Psychology, coordinated the stage. She motivated the students to be active listeners and grasp knowledge from the learned persons who not only share the textual knowledge but also their experiences. Though texts can be read but the valuable information imparted by experts is rare. So they should benefit from such opportunities.

Dr. Shivani speaking on the topic '**Man's Existence and Creativity: Some Reflections in the light of Aesthetics**' told that there are three aspects of existence i.e. cognitive, conative and affective. This implies that he feels and expresses, he wills and perform acts, he wishes to transcend the world of fleeting impulses and of sensual, phenomenal world respectively. He also does want to transgress his limitations as a performer and as an agent of his acts that binds him unconditionally to the fruits. Indian philosophical tradition is full of references that convinces us that man is one unit and extended part of the entire cosmos. The focus of her lecture was to explore and understand the nature of man's existence and how his creativity becomes the source of his unique existence.

Dr. Ravinder Puri's topic was "Shor se Sangeet ki aur". Dr. Puri said that all human beings are either noise or music. People who are noise give rise to feelings of fear, anxiety, hatred and anger in others' mind, while those who are music give rise to feelings of love, confidence and affection. He said that human beings can be compared to a diamond. As there are three c's in diamond, similarly there are 3 c's in a person's personality.

He said that every person comes in this world as a special package and every person has many qualifications but there are very few people who can take advantage of these abilities in their lifetime, and this is how psychology helps them. People are taught how we can get more of our

characteristics and qualifications. He said that all of us have been born to succeed but our bad habits do not let us achieve that. They also told some tips to be happy.

More than 200 students were present. The students expressed their enthusiasm by asking questions from the resource persons. Prof. Harinder Kumar, Prof. Nishma Rani, Prof. Amandeep Kaur, Gagan Garg actively participated in making this function a success. Prof. Amla Sharma, Prof. Paramdeep Kaur, Prof. Jagdish Kaur, Prof. Sikander Singh, Prof. Jagjiwan Kaur, Prof. Gurjit Kaur and Prof. Rimpi graced the occasion with their presence.

Summarizing the activities of the department, Prof. Seema Gupta told that in the present session the following activities were done:

1. Debate
2. Interaction with I.A.S. trainee
3. Lecture on Women Empowerment
4. Talk on Indian Culture
5. World Philosophy Day
6. Youth Day

On this occasion the students of Philosophy and Psychology getting Ist and IInd position in the college were awarded. From the Philosophy department Simarjeet Kaur, Happy Rani of BAI, Priya Arora, Mandeep Kaur of BA II, Seema Rani, Kuldeep Singh of BA III, Jiwanjot Kaur, Amandeep Kaur of MA I, Attar Singh, Jaspal Kaur and Amandeep Kaur of MA II were given the prizes. From the Psychology Department Amandeep Kaur, Jaswinder Kaur of BA I, Bhoomika, Swaran Kaur of BA II, Veerpal Kaur and Harmanjot of BA III received the prizes.

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Photographs

